

BIRTHDAY PARTIES!

OSSG Center offers amazing birthday parties! Our parties focus on Gymnastics. Parties are scheduled for either Saturdays or Sundays. There are also Deluxe Party options too! For a no worry, no clean up, totally awesome party,



contact the OSSG Center office for availability! 401-333-1530.



OCEAN STATE SCHOOL OF
GYMNASTICS, INC.
3 NEW ENGLAND WAY
LINCOLN, RI 02865



Did You know OSSG Center offers all these programs?

Gymnastics for ...

PeeWees 15-36 months

Preschoolers 3-5 years

Girls 5 years & up

Boys 6 years & up

Adult class

Competitive Teams

Summer Camp

Gymnastics Birthday Parties With
Inflatables and Pool

Trampoline & Tumble Classes



GIRLS' & BOYS' GYMNASTICS CLASSES

September to August
2023-2024
6 Years & up
401-333-1530



We're not just creating
great gymnasts, we're
developing better kids!™



Find us on the Internet at
www.ossug.com



Welcome to The
Ocean State School of
Gymnastics!

OSSG
Ocean State School of Gymnastics, Inc.
3 New England Way, Lincoln RI 02865
401-333-1530



We accept ... AmerEx,
VISA, MC & Discover

Policies and Procedures

Registration and Tuition

- Tuition will be **auto-debited** around the 21st of each month for the following month of classes.
- Tuition is due regardless of attendance until a student is **formally unenrolled** via written e-mail or note. to unenroll by e-mail: unenroll@ossg.com
- Tuition is budgeted monthly on 48 weeks of classes per season from September to August, split into 12 monthly payments. Some months you will have 5 classes and some months 3 classes.
- There is an annual registration fee of \$60.00 per family.
- Siblings receive a 10% discount on monthly tuition.
- Tuition is **non-refundable**.
- We accept MC, VISA, Discover, American Express
- Cash and checks will be accepted **before the 21st** of the month, otherwise your account will be auto-debited. There is a \$30 returned check fee.

Missed Classes

- Missed classes must be made up at another day and time **within 365 days** of the missed class as long as you are still enrolled. Please see front desk staff to schedule the make up.

•Please call the gym to schedule make up classes.

- If class is not made up, the cost is forfeited. We will not refund or credit money (including missed days for weather conditions). In extreme cases, such as long term injury or emergency, refunds will be considered with a \$30.00 processing fee.

- Makeup classes are not guaranteed and are based upon availability.

- You must be **actively enrolled** to schedule a make up class.

Other Policies

- Spectators are to remain in the bleacher area during classes.
- Jewelry is not to be worn during class.
- Street clothes are not to be worn. Shorts with snaps, buckles, zippers or buttons are not to be worn.
- Long hair must be tied back or put up.
- OSSG is not responsible for lost items, such as clothing or jewelry.
- During inclement weather, we will usually remain open. If you call the gym there will be cancellation information on the recorded message. You can also check us out on our website, Instagram & Facebook.



Holidays & Vacations

•August Vacation CLOSED.....8/28-9/4
•Labor Day CLOSED.....9/4
•Fall Classes Begin Tuesday.....9/5
•Columbus Day, CLOSED Boys/Girls Teams only...0/9
•Halloween(Tuesday Close at 3:00)..... 10/31
•Thanksgiving (closed Thur, Fri, Sat)..... 11/23 - 11/26
•Christmas/New YearCLOSED..... 12/24 to 1/1
•Open during Feb. & Apr. School vacations
•Memorial Day CLOSED5/29
•Closed for vacation.....6/24 to 7/7
•July 4th observedCLOSED.....7/4

Class Participants Times & Prices

Girls classes are for girls aged 6 years and older. These classes are an hour and fifteen minutes in duration. Girls work out on all the women's competitive events including vault, uneven bars, balance beam, floor exercise, trampoline and tumble track. Asterisk (*) indicates that the class is for 6-7 years.

Girls Beginner •\$150.00 per month					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4:15-5:30*	3:45-5:00			10:15-11:30*
5:30-6:45	5:00-6:15	4:00-5:15*	4:30-5:45	4:00-5:15*	11:15-12:30
6:00-7:15*	6:45-8:00	5:30-6:45	5:30-6:45		11:45-1:00*
6:45-8:00	6:45-8:00*	6:45-8:00,10+	6:15-7:30*	6:45-8:00*	12:45-2:00
					1:15-2:30*

OPEN WORKOUT SATURDAYS 3:00-4:00, \$25.00 CASH PAY AS YOU GO

Advanced Girls classes are for girls aged 6 years and older. These classes are two hours in duration. Girls work out on all the women's competitive events including vault, uneven bars, balance beam, floor exercise, trampoline and tumble track. This class is designed for the more progressive gymnasts and is by invitation only.

Inter. Girls \$166.00 & Advanced \$177.00 per month (Invitation only)					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:45-8:45(a)		6:45-8:15(i)	7:00-8:30(i)		

OPEN WORKOUT SATURDAYS 3:00-4:00, \$25.00 CASH PAY AS YOU GO

Boys classes are for boys aged 6 years and older. These classes are an hour and fifteen minutes in duration. Boys work out on all the men's competitive events including pommel horse, high bar, parallel bars, vault, floor exercise, still rings, trampoline, and tumble track. Double asterisk (**) indicates that the class is for advanced gymnasts of all ages and is by invitation only.

Boys •\$150.00 per month					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00-5:30**	4:45-6:00		4:00-5:15		10:45-12:00
					12:15-1:30

OPEN WORKOUT SATURDAYS 3:00-4:00, \$25.00 CASH PAY AS YOU GO

Tramp & Tumble classes are for boys & girls interested in spending all their class time working on tumbling skills. These classes include trampoline + tumble track as well as floor exercise. Asterisk (*) indicates that the class is for 5-7 yrs. old.

Tramp & Tumble•\$150. per month for 6+ years					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:00-11:15

OPEN WORKOUT SATURDAYS 3:00-4:00, \$25.00 CASH PAY AS YOU GO

Adult classes are for men and women that are over the age of eighteen. No experience necessary.

Adult Class \$20.- per class (members), \$25.- non members					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8:00-9:00			4:00-5:00

OPEN WORKOUT SATURDAYS 3:00-4:00, \$25.00 CASH PAY AS YOU GO

CALL THE GYM FOR CANCELLATIONS DUE TO WEATHER CONDITIONS

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